

Asparagus -- Who Knew?

A friend's Mom had been taking the full-stalk
canned style
Asparagus that she pureed and she took 4
tablespoons in
The morning and 4 tablespoons later in the day.
She did
This for over a month. She is on chemo pills for
Stage 3
Lung cancer in the pleural area and her cancer
cell
Count went from 386 down to 125 as of this
past week.
Her oncologist said she does not need to see
him for 3
Months.

THE ARTICLE:

Several years ago, I had a man seeking
asparagus for a
Friend who had cancer. He gave me a
photocopied copy of
An article, entitled, Asparagus for cancer
'printed in
Cancer News Journal, December 1979. I will
share it

Here, just as it was shared with me: I am a
biochemist,
And have specialized in the relation of diet to
health
For over 50 years. Several years ago, I learned
of the
Discovery of Richard R. Vensal, D.D.S. That
asparagus
Might cure cancer. Since then, I have worked
with him on
His project. We have accumulated a number of
favorable
Case histories. Here are a few examples:

Case No. 1 , A man with an almost hopeless
case of
Hodgkin's disease (cancer of the lymph glands)
who was
Completely incapacitated. Within 1 year of
starting the
Asparagus therapy, his doctors were unable to
detect any
Signs of cancer, and he was back on a schedule
of
Strenuous exercise.

Case No. 2 , a successful businessman 68
years old who
Suffered from cancer of the bladder for 16
years. After
Years of medical treatments, including radiation
without
Improvement, he went on asparagus. Within 3
months,
Examinations revealed that his bladder tumor
had
Disappeared and that his kidneys were normal.

Case No. 3 , a man who had lung cancer. On
March 5th
1971, he was put on the operating table where
they found
Lung cancer so widely spread that it was
inoperable. The
Surgeon sewed him up and declared his case
hopeless On

April 5th he heard about the Asparagus therapy
and
Immediately started taking it By August, x-ray
pictures
Revealed that all signs of the cancer had
disappeared..
He is back at his regular business routine.

Case No. 4 , a woman who was troubled for
a number of
Years with skin cancer. She finally developed
different
Skin cancers which were diagnosed by the
acting
Specialist as advanced. Within 3 months after
starting
On asparagus, her skin specialist said that her
skin
Looked fine and no more skin lesions. This
woman
Reported that the asparagus therapy also cured
her
Kidney disease, which started in 1949. She had
over 10
Operations for kidney stones, and was receiving
Government disability payments for an
inoperable,
Terminal, kidney condition. She attributes the
cure of
This kidney trouble entirely to the asparagus.

I was not surprised at this result, as 'The elements of
Material medica', edited in 1854 by a Professor
at the
University of Pennsylvania , stated that
asparagus was
Used as a popular remedy for kidney stones. He
even
Referred to experiments, in 1739, on the power
of
Asparagus in dissolving stones. Note the dates!
We would have other case histories but the
medical
Establishment has interfered with our obtaining
some of

The records. I am therefore appealing to readers
to
Spread this good news and help us to gather a
large
Number of case histories that will overwhelm
the medical
Skeptics about this unbelievably simple and
natural remedy..

For the treatment, asparagus should be cooked
before
Using, and therefore canned asparagus is just as
good as
Fresh. I have corresponded with the two leading
canners
Of asparagus, Giant and Stokely, and I am
satisfied that
These brands contain no pesticides or
preservatives.
Place the cooked asparagus in a blender and
liquefy to
Make a puree, and store in the refrigerator. Give
the
Patient 4 full tablespoons twice daily, morning
and
Evening. Patients usually show some
improvement in from
2-4 weeks. It can be diluted with water and
used as a
Cold or hot drink. This suggested dosage is
based on
Present experience, but certainly larger amounts
can do
No harm and may be needed in some cases. As
a biochemist
I am convinced of the old saying that 'what
cures can
Prevent.' Based on this theory, my wife and I
have been
Using asparagus puree as a beverage with our
meals. We
Take 2 tablespoons diluted in water to suit our
taste
With breakfast and with dinner I take mine hot
and my
Wife prefers hers cold. For years we have made

it a
 Practice to have blood surveys taken as part of
 our
 Regular checkups. The last blood survey, taken
 by a
 Medical doctor who specializes in the nutritional
 Approach to health, showed substantial
 improvements in
 all categories over the last one, and we can
 attribute
 these improvements to nothing but the
 asparagus drink.
 As a biochemist, I have made an extensive
 study of all
 aspects of cancer, and all of the proposed
 cures.. As a
 result, I am convinced that asparagus fits in
 better
 with the latest theories about cancer.

Asparagus contains a good supply of protein
 called
 histones, which are believed to be active in
 controlling
 cell growth.. For that reason, I believe
 asparagus can
 be said to contain a substance that I call cell
 growth
 normalizer. That accounts for its action on
 cancer and
 in acting as a general body tonic. In any event,
 regardless of theory, asparagus used as we
 suggest, is a
 harmless substance. The FDA cannot prevent
 you from
 using it and it may do you much good. It has
 been
 reported by the US National Cancer Institute,
 that
 asparagus is the highest tested food containing
 glutathione, which is considered one of the
 body's most
 potent anticarcinogens and antioxidants.